COURSE DESCRIPTION

Principles of Athletic Training (2)(A.A.) Knowledge of athletic training skills and responsibilities is realized. This course will provide the student with an introduction to athletic training which will include history, injury prevention, establishing a program, injury management, specific injuries and rehabilitation. An emphasis on protective and preventative taping and injury recognition will also be provided.

PERFORMANCE STANDARDS

The student, at successful completion of this course, will be able to:

1. Display a minimum level of knowledge about the history of athletic training.
2. Tape/wrap various body parts for protection from, or prevention of, injury.
3. Identify the essential duties and responsibilities of an athletic training program.
4. Recognize emergency situations and follow the appropriate procedures in handling.
5. Identify specific sports-related injuries.
6. Understand basic rehabilitation.

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