COURSE DESCRIPTION

League Bowling (2) (A.A.) Students will acquire the basic knowledge, skills, strategy and values of the lifetime sport of league bowling. Fundamental skills taught are grips, stance, approach, release and deliveries.

PERFORMANCE STANDARDS

The student, at the successful completion of this course, should be able to:

1. Discuss the development of bowling as a sport.
2. Describe the recreational, physiological, psychological and sociological values to be derived from participation in bowling.
3. Explain, select, and use the equipment and facilities required for participation in bowling.
4. Interpret rules and regulations, which govern the sport of bowling (ABA Manual).
5. Demonstrate the proper playing courtesies and etiquette for bowling.
6. Explain the handicap systems are used in league bowling and tournaments.
7. Identify the roles that league officer’s play.
8. Demonstrate fundamental skills in bowling:
   - Grips
   - Approach
   - Stance
   - Release
   - Deliveries
9. Perform the computer scoring system of bowling.

Date of Last Revision: 5/6/04
Date of Last Review: 04/18/02

apel1111.std