PEL 1621
BASKETBALL FUNDAMENTALS

COURSE DESCRIPTION

Basketball Fundamentals (2)(A.A.) This course is an introduction to the history, rules and basic fundamentals of basketball. There is an emphasis on skill, strategies, drills and the development of the philosophy of basketball.

PERFORMANCE STANDARDS

The student, at successful completion of this course, should be able to:

1. Identify the terminology of basketball.

2. Discuss the rules and the history of the game.

3. Demonstrate the basic fundamentals of basketball.

4. Perform basic fundamental defensive techniques of basketball.

5. Demonstrate basic fundamental offensive skills of the game.

6. Recognize the difference between zone and man defensive schemes.

7. Identify the sportsmanship expectations of athletics.

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